

CONDOMS help prevent what you don't want

- Sexually Transmitted Diseases (STDs)
 - Chlamydia
 - Genital Warts
 - Gonorrhea
 - Herpes
 - Syphilis
- HIV/AIDS
- Unplanned Pregnancies

WE OFFER

- **FREE** STD Testing and Counseling
- **FREE** ANONYMOUS OR CONFIDENTIAL HIV/AIDS Testing and Counseling
- Pregnancy Testing and Counseling
- **MORE FREE CONDOMS**

CALL THE WAYNE COUNTY
DEPARTMENT OF
PUBLIC HEALTH

(734) 727-7124

CONDOM TIPS

- To help prevent STDs and unwanted pregnancies, condoms should always be used during oral, vaginal, and anal sex.
- Condoms should be thrown away after a single use.
- Check the expiration date on condoms.
- If you think you have an STD, stop having sex and get tested. Tell your partner if you test positive, and make sure your partner gets tested!
- Always use latex condoms. If you or your partner are allergic to latex, use polyurethane (plastic) condoms. Never use lambskin condoms—they do not prevent the spread of HIV.
- Use a water-based lubricant. Condoms can break when used with baby oil or Vaseline.
- Make condoms a fun part of sex. They come in different sizes, colors, and flavors.
- Give condoms to friends as gifts.

MEN

- Encourage all your sex partners to use condoms.
- Never carry condoms in your wallet. Store them in a cool place.
- In order to be effective, condoms must be used properly.

HOW TO USE A CONDOM



AS SOON AS THE PENIS IS HARD, PUT THE CONDOM ON. LEAVE ABOUT ½ INCH AT THE TIP TO CATCH SEMEN.

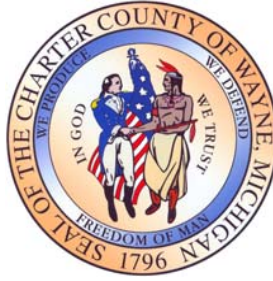
PINCH THE TIP OF THE CONDOM TO KEEP AIR OUT. UNROLL THE CONDOM DOWN TO THE BASE OF THE PENIS.



AFTER SEX, HOLD THE RIM OF THE CONDOM. TAKE THE PENIS OUT BEFORE IT GETS SOFT.

WOMEN

- Encourage all your sex partners to use condoms.
- If your partner won't use a regular condom, try using the female condom. It goes inside the vagina.
- Birth control pills and other contraceptive drugs provide no protection against sexually transmitted diseases.
- When used correctly, condoms are highly effective at preventing unwanted pregnancies.
- If your partner doesn't want to use a condom, say no to sex.
- Some spermicides may cause vaginal irritation or vaginal and urinary tract infections.
- When used correctly, male condoms are 97% effective in preventing pregnancy. Female condoms are 95% effective.



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County Executive

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CONDOMS

THE MOST
IMPORTANT
PARTNER IN
YOUR BED

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